RECIPES FROM WIMBLEDON

SMOKED TROUT & HENS EGG



Cooking time: 20 minutes Serves 4

INGREDIENTS

4 smoked trout fillets 60g fine green beans Jar of roasted red peppers Little gem lettuce Mustard cress 4 hard-boiled eggs

Horseradish dressing

40g horseradish sauce 40g mayonnaise 20a crème fraiche

Ciabatta croutons

Ciabatta bread Rapeseed oil Table salt White ground pepper

METHOD

- 1. Preheat your oven to 180C
- 2. Dice the ciabatta bread into one inch cubes. toss in the oil and seasoning and put into the oven until golden.
- 3. Flake the smoked trout into large flakes. Wash the lettuce and cut into bite-size pieces.
- 4. Make the dressing by mixing the horseradish and crème fraiche with the mayonnaise and season to taste.
- 5. Drain the red peppers and cut into strips, cut the mustard cress and keep in cold water.
- 6. Cut the hard boiled eggs into guarters.
- 7. Dress the lettuce in some of the dressing: place some of the salad mix on the plate, then some trout, egg, beans, red peppers and croutons. Repeat this 3 or 4 times finishing with mustard cress, boiled egg quarters and croutons.